

EAT. DRINK. SOCIALIZE.

SIKORSKY WEST

Monday – Friday | 5:30 am – 1:00 pm
MARKETPLACE RETAIL OPEN TO 8.15 PM

WEEK OF OCTOBER 27



WEEKLY BREAKFAST FEATURES

BREAKFAST SPECIALS

MONDAY – Double Double, breakfast with 16.9 water or medium house coffee	7.05
TUESDAY – The triple threat bagel sandwich	7.65
WEDNESDAY – chicken & waffle breakfast sandwich	7.65
THURSDAY –breakfast steak and egg sandwich	7.65
FRIDAY – loaded hashbrown with 16.9 water or medium house coffee	7.05

MON

ISLAND EATS: ISLAND CURRY

11 / 12.45

choice of coconut shrimp creole, curry chicken served with coconut jasmine rice, all spiced sweet potatoes, and caribbean carrot salad

HOT GRAZE

.70oz

Three sisters stew, chicken creole stew, garlic herb mash potatoes, balsamic roasted brussels spouts, steam rice & more

TUES

LITTLE LIME: TACOS AMERICANOS

9.90

choice of **FIT** pollo asado, ground beef, **FIT** ground turkey with crunchy or flour tortillas topped with lettuce, tomatoes, jalapenos, sour cream, and cheese served with rice and beans. Add guacamole +2.50

HOT GRAZE

.70/oz

grilled pork chops in apple cider brine, country fried steak, roasted potatoes, succotash, buttermilk biscuit and more

WED

MAC N CHEESYLOGY: HARVEST (V), CRISPY BUFFALO OR BLT WHITE CHEDDAR MAC

11.00

choice of harvest white cheddar mac (V), crispy buffalo chicken white cheddar mac, or classic blt white cheddar mac and cheese

HOT GRAZE: WINGS & THINGS

.70oz

assorted chicken wings with sweet and tangy, buffalo, garlic parm & honey garlic sauce, beef patties or potato wedges, carrots, celery, blue cheese or ranch

THURS

DHABA: VEGETABLE CASHEW (V), CHICKEN CASHEW CHETTINAD, OR SHRIMP MOILEE

11/12.45

choice of vegetable cashew chettinad (V), chicken cashew chettinad, or shrimp moilee over basmati rice, taarka dal, and tamarind chutney. Add on vegetable pakora +2.95

HOT GRAZE :

.70oz

teriyaki beef & broccoli or general tso chicken, stir fried vegetable lo mein, fried rice, steam brown rice, egg rolls, & chicken dumplings & more

FRI

HAPPY HALLOWEEN: MONSTER MASH LOADED BAKED POTATO

9.90

baked stuffed potato scooped and sautéed with choice of chicken, pork, or bacon with sour cream, cheese, and green onion. Add oreo chocolate pudding parfait +2.95

HOT GRAZE:

.70

Chipotle mango bbq fire braised pork ribs, garlic herb grilled chicken lemon thyme mashed potato, Tuscan vegetable, and more

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westmarketplacestratford



<https://eurestcafes.compass-usa.com/Sikorsky>

FLAME

MONDAY

CHICKEN TENDER BASKET

9.99

served with French fries and 16.9oz bottled water

TUESDAY

TWIN HOT DOGS WITH CHILI

10.00

Two beef hot dogs with chili and cheese

WEDNESDAY

TURKEY STUFFING SWEET POTATO CRAN-

ORANGE SANDWICH

10.50

Roasted turkey, stuffing, cranberry orange compote, fried sweet potatoes

THURSDAY

BBO PULLED CHICKEN SANDWICH

10.50

barbecue pulled chicken, pepper jack cheese, and red onion relish on texas toast

FRIDAY

CRISPY COD SANDWICH

12,45

Crispy cod with coleslaw and tarter sauce

GRINDER SHOP

TUES – THURS

sweet & spicy ham
jerk grilled chicken w/pineapple
salsa
chimichurri beef

PICCOLA ITALIA



GRAB 'N GO PIZZA

cheese (\$10.50), pepperoni & meat lovers (\$12)

SPECIALTY PIZZA

design your own pie, cooks in minutes! (\$12)
baked dishes, calzones, grinders and salads
prices vary

ON THE RUN OR JUST WANT TO CHILL?

**16" PIZZA TO GO ... TREAT THE FAMILY AND YOUR
WALLET TO A DELICIOUS, FAST AND EASY MEAL
MADE SIMPLE, RIGHT HERE.**

\$9 MEAL DEAL

pepperjack blt melt with baker's chips
and 20oz bottled water or soda

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SIKORSKY EAST
Monday – Friday | 5:30 am – 12:45 pm

WEEK OF OCTOBER 27



WEEKLY BREAKFAST FEATURES

HUNGRY MAN TOTS

crispy tater tots topped with cage free fried egg, bacon, and sausage gravy

7.65

CHICKEN AND WAFFLE

chicken & waffle breakfast sandwich

7.65

FIT TURKEY SAUSAGE, SWISS, SPINACH & MUSHROOM OMELET

with fresh tomato slices

7.65

MON

ISLAND EATS: ISLAND CURRY

choice of coconut shrimp creole, curry chicken served with coconut jasmine rice, all spiced sweet potatoes, and caribbean carrot salad

.70oz

TUES

LITTLE LIME: TACOS AMERICANOS

choice of **FIT** pollo asado, ground beef, **FIT** ground turkey with crunchy or flour tortillas topped with lettuce, tomatoes, jalapenos, sour cream, and cheese served with rice and beans. Add guacamole

9.90

WED

HOT GRAZE: WINGS & THINGS

assorted chicken wings with sweet and tangy, buffalo, garlic parm & honey garlic sauce, beef patties or potato wedges, carrots, celery, blue cheese or ranch

.70

THURS

HOT GRAZE :

teriyaki beef & broccoli or general tso chicken, stir fried vegetable lo mein, fried rice, steam brown rice, egg rolls, & chicken dumplings & more

.70oz

FRI

HOT GRAZE:CAJUN CHICKEN STEW WITH ORKRA AND ANDOUILLE SAUSAGE

Cajun chicken stew with garlic mash potatoes, rice pilaf, roasted vegetables, gravy, dinner roll and more

.70

FLAME

AVAILABLE ALL WEEK

includes choice of side

TWIN HOT DOGS WITH CHILI

10.00

Two beef hot dogs with chili and cheese

BBQ PULLED CHICKEN SANDWICH

10.50

barbecue pulled chicken, pepper jack cheese, and red onion relish on texas toast

TURKEY STUFFING SWEET POTATO CRAN-ORANGE SANDWICH

10.50

Roasted turkey, stuffing, cranberry orange compote, fried sweet potatoes

\$9 MEAL DEAL

almond chicken salad wrap with baker's chips and 20oz bottled water or soda

GRINDER SHOP

deli favorites, specials

hot & cold grinders

6" 10.45 / 12" 15.40

NOW FEATURING



NOW SERVING YOUR FAVORITES EVERYDAY!

HAND MADE 6OZ HAMBURGER \$9.35
FRESH GRILLED CHICKEN SANDWICH \$8.80

ALL BEEF HOT DOG \$3.60
4oz BEEF BURGER \$4.40
CHICKEN TENDERS & FRIES BASKET \$8.50
SPICY CHICKEN SANDWICH \$6.35
BLT \$5.40

all items are customizable, add your own choice of toppings, cheese and more french fries, onion rings, potato wedges too!

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SIKORSKY WEST 2ND SHIFT

Monday – Friday | 3:00pm to 8:15pm
MARKETPLACE RETAIL OPEN TO 8.15 PM

WEEK OF OCTOBER 27

MON

HOT GRAZE

.70oz

Three sisters stew, chicken creole stew, garlic herb mash potatoes, balsamic roasted brussels spouts, steam rice & more

ISLAND EATS: ISLAND CURRY

.70oz

choice of coconut shrimp creole, curry chicken served with coconut jasmine rice, all spiced sweet potatoes, and caribbean carrot salad and more

TUES

HOT GRAZE

.70/oz

grilled pork chops in apple cider brine, country fried steak, scalloped potatoes, succotash, buttermilk biscuit and more

HOT GRAZE LITTLE LIME: TACOS AMERICANOS

.70oz

choice of **FIT** pollo asado, ground beef, **FIT** ground turkey with crunchy or flour tortillas topped with lettuce, tomatoes, jalapenos, sour cream, and cheese served with rice and beans. Add guacamole

WED

HOT GRAZE

.70/oz

assorted chicken wings with sweet and tangy, buffalo, garlic parm & honey garlic sauce beef patties or potato wedges, mozzarella sticks and more

MAC N CHEESYOLOGY: HARVEST (V), CRISPY BUFFALO OR BLT WHITE CHEDDAR MAC

.70oz

choice of harvest white cheddar mac (V), crispy buffalo chicken white cheddar mac, or classic blt white cheddar mac and cheese and more

THURS

HOT GRAZE :

.70oz

teriyaki beef & broccoli or general tso chicken, stir fried vegetable lo mein, fried rice, steam brown rice, egg rolls, & chicken dumplings & more

DHABA: VEGETABLE CASHW (V), CHICKEN CASHW CHETTINAD, OR SHRIMP MOILEE

.70oz

choice of vegetable cashew chettinad (V), chicken cashew chettinad, or shrimp moilee over basmati rice, taarka dal, and tamarind chutney and more

FRI

HOT GRAZE:

.70

Chipotle mango bbq fire braised pork ribs, garlic herb grilled chicken lemon thyme mashed potato, Tuscan vegetable, and more

HAPPY HALLOWEEN: MONSTER MASH LOADED BAKED POTATO

.70oz

baked potato with choice of chicken, pork, or bacon with sour cream, cheese, and green onion and more

FLAME

NOW SERVING YOUR FAVORITES EVERYDAY!

HAND MADE 6OZ HAMBURGER \$9.35
FRESH GRILLED CHICKEN SANDWICH \$8.80

ALL BEEF HOT DOG \$3.60
4oz BEEF BURGER \$4.40
CHICKEN TENDERS & FRIES BASKET \$8.50
SPICY CHICKEN SANDWICH \$6.35
BLT \$5.40

all items are customizable, add your own choice of toppings, cheese and more french fries, onion rings, potato wedges too!

\$9 MEAL DEAL

pepperjack blt melt with baker's chips and 20oz bottled water or soda

personal pizzas
Made fresh 4- 6pm!

NOW FEATURING

PICCOLA ITALIA

GRAB 'N GO PIZZA

cheese (\$10.50), pepperoni & meat lovers (\$12)

SPECIALTY PIZZA

design your own pie, cooks in minutes! (\$12)
available until 6:00pm



baked dishes, calzones
grinders and salads
prices vary

Most items available until 6pm

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